



Freezy-Cool Whoopie Pie



Entire recipe: 115 calories, 1.5g total fat (1g sat fat), 145mg sodium, 24g carbs, 6g fiber, 10g sugars, 3g protein

Freestyle™ [SmartPoints®](#) value 5*

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Prep: 5 minutes

Freeze: 1 hour



Tagged: [Dessert Recipes](#), [Vegetarian Recipes](#), [Single Serving](#), [5 Ingredients or Less](#)

Ingredients

- 1 Vitalicious Deep Chocolate VitaTop (partially thawed)
- 2 tbsp. Cool Whip Free (thawed)

Directions

Carefully slice VitaTop in half lengthwise (like you would a hamburger bun), so that you are left with 2 thin round "slices."

Spread Cool Whip on one slice and top with the other slice. Place on a plate and freeze until solid, about 1 hour. Enjoy!

MAKES 1 SERVING

[SmartPoints®](#) value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints®](#) values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints®](#) values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints®](#) trademark.