



Honey Almond Crunchettes



1/5th of recipe (3 crunchettes): 78 calories, 2.5g total fat (0g sat fat), 33mg sodium, 10.5g carbs, 0.5g fiber, 3.5g sugars, 4g protein

Green Plan [SmartPoints](#)® value 3*

Blue Plan (Freestyle™) [SmartPoints](#)® value 3*

Purple Plan [SmartPoints](#)® value 3*

Prep: 5 minutes **Cook:** 5 minutes



Tagged: [Dessert Recipes](#), [Vegetarian Recipes](#), [5 Ingredients or Less](#), [30 Minutes or Less](#), [Four or More Servings](#)

Ingredients

- 15 frozen mini phyllo shells (like [the kind by Athens](#))
- 1/2 cup fat-free vanilla Greek yogurt
- 1 tsp. honey
- 15 almonds (like [Blue Diamond Whole Natural Almonds](#))

Directions

Preheat oven to 350 degrees.

Place shells on a baking sheet, and bake until lightly browned and crispy, 3 - 5 minutes.

Just before serving, fill shells with yogurt and drizzle with honey. Top each with an almond.

MAKES 5 SERVINGS

HG Tip: If you're not going to be eating/serving these immediately, store the empty baked phyllo shells at room temperature in a sealed bag or container.

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.