



## On-The-Go Apple Pies



1/6th of recipe (1 pie): 96 calories, 0.5g total fat (0g sat fat), 162mg sodium, 22.5g carbs, 1.5g fiber, 6.5g sugars, 2g protein

Freestyle™ [SmartPoints®](#) value 2\*

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**Prep:** 15 minutes    **Cook:** 25 minutes

**Cool:** 20 minutes



Tagged: [Dessert Recipes](#), [Meatless Recipes](#), [Four or More Servings](#)

## Ingredients

2 tsp. cornstarch  
3 cups peeled and chopped Fuji or Gala apples (about 3 apples)  
2 packets no-calorie sweetener (like Truvia)  
1 tsp. cinnamon  
1/4 tsp. vanilla extract  
1/8 tsp. salt  
6 large square egg roll wrappers (stocked with the tofu in the refrigerated section of the market)  
Optional topping: powdered sugar

## Directions

In a medium nonstick pot, combine cornstarch with 1/2 cup water. Stir to dissolve.

Add apples, sweetener, cinnamon, vanilla extract, and salt. Stir well.

Set heat to medium. Stirring frequently, cook until apples have slightly softened and mixture is thick and gooey, 8 - 10 minutes.

Transfer to a medium bowl. Let cool slightly, about 20 minutes.

Meanwhile, preheat oven to 375 degrees. Spray a baking sheet with nonstick spray.

Lay an egg roll wrapper flat on a dry surface. Evenly distribute 1/6th of apple mixture (about 1/3 cup) on the bottom half of the wrapper.

Moisten all four edges by dabbing your fingers in water and going over the edges smoothly. Fold the top half over the mixture so the top edge meets the bottom. Seal edges by pressing firmly with the prongs of a fork.

Place on the baking sheet, and repeat to make 5 more pie pockets.

Spray with nonstick spray. Bake until golden brown, about 15 minutes.

**MAKES 6 SERVINGS**

[SmartPoints®](#) value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints®](#) values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The [SmartPoints®](#) values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints®](#) trademark.