





Open-Faced Apple S'mores



Entire recipe: 126 calories, 3g total fat (2g sat. fat), 30mg sodium, 26g carbs, 2.5g fiber, 18.5g sugars, 1g protein

Click for WW Points® value*

Total: 5 minutes



More: Dessert Recipes, Single Serving, 30 Minutes or Less, 5 Ingredients or Less

Ingredients

2 tsp. mini semi-sweet chocolate chips Two round 1/2-inch-thick Gala or Fuji apple slices 2 tbsp. mini marshmallows 1 low-fat graham cracker (1/4 sheet), finely crushed

Directions

In a very small microwave-safe bowl, microwave chocolate chips at 50 percent power for 25 seconds. Stir until smooth and uniform.

Spread chocolate over apple slices. Top with marshmallows.

Using a <u>kitchen torch</u>, heat marshmallows until slightly melted and toasted, 5–10 seconds. (Alternatively, microwave for about 20 seconds.)

Sprinkle with crushed graham cracker.

MAKES 1 SERVING

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