



## Pumpkin Pie Cannoli Cones



[Click here for a video demo!](#)

1/6th of recipe (1 cone): 145 calories, 6g total fat (3.5g sat fat), 185mg sodium, 18g carbs, 1g fiber, 8.5g sugars, 4.5g protein

Freestyle™ [SmartPoints®](#) value 6\*

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Prep: 15 minutes



Tagged: [Dessert Recipes](#), [Holiday Recipes](#), [Four or More Servings](#)

### Ingredients

1/2 cup reduced-fat cream cheese  
2 no-calorie sweetener packets (like Truvia or Splenda)  
1/2 tsp. cinnamon  
1/4 tsp. pumpkin pie spice  
Dash salt  
1/2 cup light/low-fat ricotta cheese  
1/2 cup canned pure pumpkin (*not* pumpkin pie filling)  
1/4 tsp. vanilla extract  
1 tbsp. plus 1 tsp. mini semi-sweet chocolate chips  
1/2 sheet (2 crackers) low-fat graham crackers, finely crushed  
6 sugar cones (the pointy-bottomed kind)  
Optional toppings: Fat Free Reddi-wip, additional cinnamon

### Directions

In a medium bowl, combine cream cheese, sweetener, cinnamon, pumpkin pie spice, and salt. Mix until smooth and uniform.

Add ricotta cheese, pumpkin, and vanilla extract. Stir until uniform. Stir in 1 tbsp. chocolate chips and half of the crushed graham crackers (about 1 tbsp.).

Evenly spoon mixture into the cones. Top with remaining crushed graham crackers and remaining 1 tsp. chocolate chips. Enjoy!

MAKES 6 SERVINGS

**HG Alternative:** For fancy cones with minimal effort, pipe the mixture into the cones. Just transfer the filling mixture to a large plastic bag and squeeze it down toward a bottom corner. Snip off that corner with scissors, creating a hole for piping the mixture.

[SmartPoints®](#) value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints®](#) values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The [SmartPoints®](#) values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints®](#) trademark.