



Slammin' Strawberry Daiquiri



Entire recipe: 121 calories, 0g total fat (0g sat. fat), 10mg sodium, 4g carbs, 0.5g fiber, 2g sugars, 0g protein

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Prep: 5 minutes



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Ingredients

One 2-serving packet (about 1 tsp.) sugar-free strawberry powdered drink mix
1 1/2 oz. white rum
1/2 oz. lime juice
3 frozen unsweetened strawberries, partially thawed
1 cup crushed ice or 5 to 8 ice cubes

Directions

In a glass, combine drink mix with 4 oz. cold water and stir to dissolve.

Transfer mixture to a blender, and add all other ingredients. Blend at high speed until smooth.

Pour into the glass, and slurp that baby up!

MAKES 1 SERVING

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