



Spiced Pear Sparkling Sangria



1/10th of recipe (about 6 oz. sangria with about 3/4 cup fruit): 149 calories, <0.5g total fat (0g sat fat), 11mg sodium, 16g carbs, 2g fiber, 6g sugars, 2g protein

Freestyle™ [SmartPoints®](#) value 4*

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Prep: 10 minutes

Chill: 5 hours or more



Tagged: [Drink Recipes \(Smoothies, Cocktails & More\)](#), [Holiday Recipes](#), [Vegetarian Recipes](#), [Four or More Servings](#)

Ingredients

3 medium pears, cored and thinly sliced
1 medium (or 2 small) tangerine(s), not peeled, halved and thinly sliced
4 cinnamon sticks
One 750-ml. bottle moscato wine
One 750-ml. bottle dry sparkling wine, chilled
2 cups club soda, chilled

Directions

Place pears, tangerine, and cinnamon sticks in a very large pitcher or serving bowl (at least 2-quart capacity). Add moscato wine, and gently stir.

Cover and refrigerate for at least 5 hours. (The longer it sits, the more flavorful it gets!)

Just before serving, add sparkling wine and club soda, and gently stir. Grab a ladle and serve it up!

MAKES 10 SERVINGS

[SmartPoints®](#) value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints®](#) values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints®](#) values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints®](#) trademark.