



Strawberry-Feta Avocado Toast



Entire recipe: 158 calories, 8.5g total fat (2g sat fat), 291mg sodium, 16.5g carbs, 6g fiber, 3.5g sugars, 7g protein

Freestyle™ [SmartPoints®](#) value 4*

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Prep: 5 minutes **Cook:** 5 minutes or less



Tagged: [Breakfast Recipes](#), [Meatless Recipes](#), [Single Serving](#), [5 Ingredients or Less](#), [30 Minutes or Less](#)

Ingredients

1 slice light bread
1 1/2 oz. (about 3 tbsp.) mashed avocado
2 tbsp. crumbled reduced-fat feta cheese
Dash black pepper
1/4 cup chopped strawberries

Directions

Toast bread.

Meanwhile, in a small bowl, stir 1 tbsp. feta cheese into the avocado.

Evenly spread toast with avocado mixture, and sprinkle with pepper.

Top with strawberries and remaining 1 tbsp. feta cheese.

MAKES 1 SERVING

[SmartPoints®](#) value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints®](#) values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints®](#) values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints®](#) trademark.