



Crazy-Good Corn Chips

PER SERVING (entire recipe, 12 chips):
120 calories, 3g fat, 312mg sodium, 22g
carbs, 3g fiber, 1g sugars, 1g protein --
PointsPlus™ value 3*

Prep: 10 minutes

Cook: 10 minutes

Ingredients:

Two 6-inch corn tortillas

1/8 tsp. salt

Optional dip: salsa

Directions:

Preheat oven to 400 degrees.

Cut each tortilla in half. Cut each half into 3 triangles, for a total of 12 triangles.

Spray a baking sheet lightly with nonstick spray. Place tortilla triangles close together on the sheet.

Cover triangles with a 1-second spray of nonstick spray (optional). Evenly sprinkle with salt.

Bake in the oven until crispy, about 8 minutes, carefully flipping about halfway through bake time.

If you like, serve with salsa for dipping. Enjoy!

MAKES 1 SERVING



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