



2-Ingredient Birthday Cake

1/12 of cake: 144 calories, 1.5g total fat (0.5g sat. fat), 311mg sodium, 29.5g carbs, 1g fiber, 15g sugars, 3g protein

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Prep: 5 minutes **Cook:** 30 minutes

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Ingredients

- 1 box confetti/rainbow cake mix
- 1 cup (about 8 large) egg whites or fat-free liquid egg substitute



Directions

Preheat oven to 350°F. Spray a 9" X 13" baking pan with nonstick spray.

In a large bowl, combine cake mix with egg. Add 1 cup water, and whisk thoroughly. Transfer to the baking pan, and smooth out the top.

Bake for 25–30 minutes, until a toothpick or knife inserted into the center comes out clean.

MAKES 12 SERVINGS

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