



## 2-Ingredient Carrot Cake

1/12 of cake: 144 calories, 1g total fat (0.5g sat. fat), 280mg sodium, 30g carbs, 0g fiber, 15.5g sugars, 3.5g protein

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**Prep:** 5 minutes    **Cook:** 40 minutes

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### Ingredients

1 box carrot cake mix  
1 cup fat-free plain Greek yogurt



### Directions

Preheat oven to 350°F. Spray a 9" X 13" baking pan with nonstick spray.

In a large bowl, combine cake mix with yogurt. Add 1/2 cup water, and mix thoroughly. Transfer to the baking pan, and smooth out the top.

Bake for 35–40 minutes, until a toothpick or knife inserted into the center comes out clean.

**MAKES 12 SERVINGS**

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