





## 3-Ingredient Spinach Mushroom Risotto



1/4th of recipe (about 2/3 cup): 178 calories, 1.5g total fat (0g sat. fat), 355mg sodium, 30g carbs, 5.5g fiber, 2.5g sugars, 10g protein

**Prep:** 5 minutes **Cook:** 15 minutes



More: Recipes for Sides, Starters & Snacks, Vegetarian Recipes, 30 Minutes or Less, 5 Ingredients or Less, Four or More Servings

## **Ingredients**

1 pouch RightRice Wild Mushroom Risotto
3 cups chopped spinach
1/4 cup chapped sup dried tomatoes (bagged of

1/4 cup chopped sun-dried tomatoes (bagged or rinsed)

Optional topping: grated Parmesan cheese

## **Directions**

In a medium pot, bring 2 cups of water to a boil. Add RightRice Risotto, reduce heat, and gently boil uncovered for 5 minutes, stirring occasionally.

Remove from heat, and stir in spinach and sun-dried tomatoes. Cover and let stand for 7 minutes.

Stir well, and serve immediately.

## MAKES 4 SERVINGS

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our <u>editorial</u> and <u>advertising</u> policies.

\*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? Click here.

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. Click here for more information.

Publish Date: April 30, 2021 Author: Hungry Girl Copyright © 2025 Hungry Girl. All Rights Reserved.