



5-Minute Pizza Snack Hack



Entire recipe: 87 calories, 2.5g total fat (1g sat fat), 253mg sodium, 9.5g carbs, <0.5g fiber, 1.5g sugars, 5.5g protein

Green Plan [SmartPoints](#)® value 2*

Blue Plan (Freestyle™) [SmartPoints](#)® value 2*

Purple Plan [SmartPoints](#)® value 2*

Total: 5 minutes



Tagged: [Recipes for Sides, Starters & Snacks](#), [Vegetarian Recipes](#), [Single Serving](#), [5 Ingredients or Less](#), [30 Minutes or Less](#)

Ingredients

- 1 tbsp. marinara sauce with 70 calories or less per 1/2-cup serving
- 1 tsp. light/low-fat ricotta cheese
- 1 rice cake (any savory flavor)
- Half a stick of light string cheese, pulled into shreds or roughly chopped
- Optional seasonings: dried basil, garlic powder, Italian seasoning, salt, black pepper

Directions

In a small bowl, mix marinara with ricotta to form a creamy sauce. Spread over rice cake, and sprinkle with your choice of seasonings.

Top with string cheese pieces, and microwave for 30 seconds, or until melted.

MAKES 1 SERVING

HG Alternative: For a white pizza fix, skip the marinara and increase the ricotta to 1 tbsp. This version has 87 calories and a **SmartPoints**® value of 3* on all three plans.

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.