



Air-Fryer Apple Slices



Entire recipe: 118 calories, 0.5g total fat (0g sat fat), 157mg sodium, 31.5g carbs, 5.5g fiber, 23g sugars, 0.5g protein

Green Plan [SmartPoints](#)® value 0*

Blue Plan (Freestyle™) [SmartPoints](#)® value 0*

Purple Plan [SmartPoints](#)® value 0*

Prep: 5 minutes **Cook:** 25 minutes



Tagged: [Recipes for Sides, Starters & Snacks](#), [Vegetarian Recipes](#), [Single Serving](#), [5 Ingredients or Less](#), [30 Minutes or Less](#)

Ingredients

1 large Fuji or Gala apple
1/4 tsp. cinnamon
Dash salt

Directions

Core apple, and cut it into half-moon slices about 1/4-inch thick. Sprinkle with cinnamon and salt.

Spray air fryer basket with nonstick spray. Add apple slices in a single layer. (Save remaining slices for a second batch.)

Set air fryer to 392 degrees (see HG FYI). Cook until golden brown, 10 - 12 minutes, flipping slices halfway through. Repeat with any remaining apple.

MAKES 1 SERVING

HG FYI: Our air fryer only goes to 392 degrees. Depending on your air fryer model, you can set to 392 or 400 degrees.

Oven alternative: If you don't have an air fryer, preheat your oven to 400 degrees. Bake apple slices on a baking sheet until golden brown, about 18 minutes, flipping halfway through.

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.