





Anything Goes Slow-Cooker Apple Pie

1/8th of recipe (about 3/4 cup): 64 calories, <0.5g total fat total fat (0g sat. fat), 73mg sodium, 20.5g carbs, 1.5g fiber, 11g sugars, <0.5g protein protein

Prep: 5 minutes **Cook:** 1 1/2 hours

Cool: 10 minutes

Ingredients

8 cups peeled and sliced Granny Smith apples (about 7 medium apples)

2 tbsp. cornstarch

3 tbsp. Truvia spoonable calorie-free sweetener 2 tsp. lemon juice

2 tsp. lemon juice 1 1/2 tsp. cinnamon 1 tsp. vanilla extract 1/4 tsp. nutmeg 1/4 tsp. salt



Directions

Place apples in a slow cooker sprayed with nonstick spray.

In a medium bowl, combine cornstarch with 3/4 cups water. Whisk to dissolve. Add all remaining ingredients. Whisk well.

Pour cornstarch mixture over apples, and stir to coat.

Cover and cook on high for 1 1/2 hours, or until apples have softened and liquid has thickened.

Let cool and thicken, about 10 minutes.

MAKES 8 SERVINGS

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