



Apple Pie Bites



1/5th of recipe (3 bites): 58 calories, 1g total fat (0g sat fat), 26mg sodium, 11.5g carbs, 1g fiber, 4g sugars, 1.5g protein

Green Plan [SmartPoints](#)® value 1*

Blue Plan (Freestyle™) [SmartPoints](#)® value 1*

Purple Plan [SmartPoints](#)® value 1*

Prep: 5 minutes **Cook:** 5 minutes



More: [Dessert Recipes](#), [Vegetarian Recipes](#), [5 Ingredients or Less](#), [30 Minutes or Less](#), [Four or More Servings](#)

Ingredients

15 frozen mini phyllo shells (like [the kind by Athens](#))
1 1/4 cups chopped Fuji or Gala apple
1 1/2 tsp. brown sugar (not packed)
Seasonings: cinnamon

Directions

Preheat oven to 350 degrees.

Place shells on a baking sheet, and bake until lightly browned, 3 - 5 minutes.

Meanwhile, in a medium-large microwave-safe bowl, top apple with brown sugar and 1/4 tsp. cinnamon. Stir to coat. Cover and microwave for 2 minutes, or until softened.

Fill shells with apple mixture.

MAKES 5 SERVINGS

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.