



Apple Pie Cheesecake Bagel Bites



1/2 of recipe (4 bagel bites): 212 calories, 2g total fat (1g sat fat), 596mg sodium, 35.5g carbs, 5g fiber, 10g sugars, 10.5g protein

Green Plan [SmartPoints](#)® value 7*

Blue Plan (Freestyle™) [SmartPoints](#)® value 7*

Purple Plan [SmartPoints](#)® value 7*

Prep: 10 minutes **Cook:** 15 minutes



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Ingredients

2 wedges The Laughing Cow Light Creamy Swiss cheese
1/2 cup whole-wheat flour
1 packet no-calorie sweetener
1 tsp. baking powder
1 1/4 tsp. cinnamon
1/4 tsp. nutmeg
1/8 tsp. salt
1/2 cup fat-free vanilla Greek yogurt
1/2 tsp. vanilla extract
1/4 cup finely chopped [freeze-dried apples](#)

Directions

Preheat oven to 350 degrees. Spray a baking sheet with nonstick spray.

Slice each cheese wedge into 4 pieces, for a total of 8 pieces.

In a large bowl, combine flour, sweetener, baking powder, cinnamon, nutmeg, and salt. Stir until uniform. Add yogurt and vanilla extract. Thoroughly mix.

Fold in chopped freeze-dried apples. Evenly form the dough into 8 balls (about 2 tbsp. each).

Press an indentation into each dough ball, and fill with a piece of cheese. Seal dough around filling. Place on the baking sheet, evenly spaced.

Spray with nonstick spray. Bake for 15 minutes, or until light golden brown.

MAKES 2 SERVINGS

Air-Fryer Alternative: Set air fryer to 360 degrees (or nearest degree). Add bagel bites in a single layer. Cook for 10 minutes, or until tops are light golden brown and insides are cooked through.

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.