



## Bacon-Bundled BBQ Shrimp



1/4th of recipe (4 shrimp): 154 calories, 5.5g total fat (2g sat fat), 612mg sodium, 6.5g carbs, <0.5g fiber, 5g sugars, 16.5g protein

**Green Plan [SmartPoints](#)® value 4\***

**Blue Plan ([Freestyle](#)™) [SmartPoints](#)® value 3\***

**Prep:** 15 minutes    **Cook:** 15 minutes



Tagged: [Lunch & Dinner Recipes](#), [Recipes for Sides, Starters & Snacks](#), [30 Minutes or Less](#), [Four or More Servings](#)

### Ingredients

1/3 cup canned tomato sauce  
3 tbsp. ketchup  
1 tbsp. apple cider vinegar  
1 tbsp. brown sugar (not packed)  
1/2 tsp. garlic powder  
8 slices center-cut bacon or turkey bacon, halved widthwise  
16 raw large (not jumbo) shrimp, peeled, tails removed, deveined

### Directions

Preheat oven to 425 degrees. Spray a baking sheet with nonstick spray.

In a medium bowl, thoroughly mix tomato sauce, ketchup, vinegar, sugar, and garlic powder.

Coat each half-slice of bacon in sauce mixture, wrap it around a shrimp, and place on the baking sheet, seam side down.

Bake until shrimp are cooked through, 10 to 15 minutes. So good!

MAKES 4 SERVINGS

[SmartPoints](#)® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.