



Baked Potato 'n Turnip Fries



1/2 of recipe: 182 calories, <0.5g total fat (0g sat fat), 122mg sodium, 41.5g carbs, 5g fiber, 7.5g sugars, 5g protein

Blue Plan (Freestyle™) SmartPoints® value 4*

Prep: 10 minutes **Cook:** 30 minutes



Tagged: [Recipes for Sides, Starters & Snacks](#), [Vegetarian Recipes](#), [5 Ingredients or Less](#)

Ingredients

12 oz. (about 1 medium) turnip
12 oz. (about 1 medium) russet potato
Optional seasonings: salt and black pepper

Directions

Preheat oven to 425 degrees. Spray 2 baking sheets with nonstick spray.

15 minutes.

Flip spears. Bake until tender on the inside and crispy on the outside, about 15 more minutes. Enjoy!

MAKES 2 SERVINGS

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints®** values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints®** values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints®** trademark.