



## Banana Fudge Fro Yo Pops



1/6th of recipe (1 pop): 99 calories, 2.5g total fat (1g sat. fat), 23mg sodium, 19.5g carbs, 3g fiber, 10.5g sugars, 3g protein

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**Prep:** 10 minutes

**Freeze:** 3 hours



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### Ingredients

2 cups sliced bananas  
3/4 cup fat-free plain yogurt  
1/3 cup unsweetened cocoa powder  
2 tbsp. mini semi-sweet chocolate chips  
2 packets no-calorie sweetener (like Truvia)  
1 tsp. vanilla extract

### Directions

Combine all ingredients in a food processor or blender. Blend until smooth and uniform with small chocolate chip pieces, stopping and stirring if needed.

Evenly distribute mixture into a 6-piece popsicle mold set, leaving about 1/2 inch of space at the top. (Pops will expand as they freeze.)

Insert popsicle handles. Freeze until solid, at least 3 hours.

**MAKES 6 SERVINGS**

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