



Banana Fudge Fro Yo Pops



1/6th of recipe (1 pop): 99 calories, 2.5g total fat (1g sat fat), 23mg sodium, 19.5g carbs, 3g fiber, 10.5g sugars, 3g protein

Green Plan [SmartPoints](#)® value 2*

Blue Plan (Freestyle™) [SmartPoints](#)® value 2*

Purple Plan [SmartPoints](#)® value 2*

Prep: 10 minutes

Freeze: 3 hours



Tagged: [Dessert Recipes](#), [Vegetarian Recipes](#), [Four or More Servings](#)

Ingredients

2 cups sliced bananas
3/4 cup fat-free plain yogurt
1/3 cup unsweetened cocoa powder
2 tbsp. mini semi-sweet chocolate chips
2 packets no-calorie sweetener (like Truvia)
1 tsp. vanilla extract

Directions

Combine all ingredients in a food processor or blender. Blend until smooth and uniform with small chocolate chip pieces, stopping and stirring if needed.

Evenly distribute mixture into a 6-piece popsicle mold set, leaving about 1/2 inch of space at the top. (Pops will expand as they freeze.)

Insert popsicle handles. Freeze until solid, at least 3 hours.

MAKES 6 SERVINGS

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.