



2-Ingredient Banana Oaties



1/12th of recipe (1 cookie): 42 calories, 0.5g total fat (0g sat. fat), 25mg sodium, 9g carbs, 1g fiber, 2.5g sugars, 1g protein

[Click for WW Points® value*](#)

Prep: 5 minutes **Cook:** 20 minutes



More: [Breakfast Recipes](#), [Dessert Recipes](#), [Vegetarian Recipes](#), [5 Ingredients or Less](#), [30 Minutes or Less](#), [Four or More Servings](#), [Gluten-Free](#)

Ingredients

- 1 cup (about 2 medium) mashed extra-ripe bananas
- 1 cup old-fashioned oats

Seasonings:

- 1/2 tsp. cinnamon
- 1/8 tsp. salt

Directions

Preheat oven to 350 degrees. Spray a baking sheet with nonstick spray.

In a medium-large bowl, combine bananas, oats, seasonings, and 1/2 cup water. Mix until uniform.

Form into 12 circles on the baking sheet, each about 2 inches wide. Bake until a knife inserted into the center of a cookie comes out clean, 16 - 18 minutes.

MAKES 12 SERVINGS

HG Tip: Take this dynamic duo to the next level with the following (yummy!) party crashers... semisweet chocolate chips, shredded coconut, raisins, chopped nuts, or powdered peanut butter!

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.