



2-Ingredient Banana Oaties



1/12th of recipe (1 cookie): 42 calories, 0.5g total fat (0g sat. fat), 25mg sodium, 9g carbs, 1g fiber, 2.5g sugars, 1g protein

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Prep: 5 minutes **Cook:** 20 minutes



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Ingredients

1 cup (about 2 medium) mashed extra-ripe bananas
1 cup old-fashioned oats

Seasonings:

1/2 tsp. cinnamon
1/8 tsp. salt

Directions

Preheat oven to 350 degrees. Spray a baking sheet with nonstick spray.

In a medium-large bowl, combine bananas, oats, seasonings, and 1/2 cup water. Mix until uniform.

Form into 12 circles on the baking sheet, each about 2 inches wide. Bake until a knife inserted into the center of a cookie comes out clean, 16 - 18 minutes.

MAKES 12 SERVINGS

HG Tip: Take this dynamic duo to the next level with the following (yummy!) party crashers... semisweet chocolate chips, shredded coconut, raisins, chopped nuts, or powdered peanut butter!

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