



## Air-Fryer Black Forest Bagel Bites



Entire recipe: 200 calories, 3g total fat (2g sat fat), 23mg sodium, 35g carbs, 4g fiber, 10g sugars, 9g protein

**Green Plan [SmartPoints](#)® value 7\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 7\***

**Purple Plan [SmartPoints](#)® value 7\***

**Prep:** 5 minutes    **Cook:** 10 minutes



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### Ingredients

1/4 cup whole-wheat flour  
1 packet no-calorie sweetener  
1/4 cup fat-free black cherry Greek yogurt  
2 tsp. mini semi-sweet chocolate chips

### Directions

Place flour and sweetener in a medium bowl. Add yogurt, and thoroughly mix with your hands until a dough-like texture is reached.

Fold in chocolate chips, and mix until uniform. Evenly form into 4 balls.

Set air fryer to 330 degrees (or nearest degree). Add bagel bites in a single layer. Cook for 8 minutes, or until tops are golden brown and insides are cooked through.

MAKES 1 SERVING

**Oven Alternative:** Bake at 350 degrees until golden brown, about 12 minutes.

**SmartPoints**® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.