



Buttery Banana Bread Toast



Developed by Hungry Girl; brought to you by [I Can't Believe It's Not Butter!®](#)

1/12th of recipe (1 slice): 169 calories, 6.5g total fat (2g sat. fat), 287mg sodium, 24g carbs, 2.5g fiber, 9.5g sugars, 3.5g protein

Prep: 10 minutes **Cook:** 55 minutes



More: [Breakfast Recipes](#), [Recipes Developed for Our Partners](#), [Four or More Servings](#)

Ingredients

1 1/2 cups whole-wheat flour
1/2 cup brown sugar (not packed)
2 tsp. baking powder
1 1/2 tsp. cinnamon
1/2 tsp. salt
1 1/2 cups (about 3 large) mashed extra-ripe bananas
1/2 cup egg whites
3/4 cup [I Can't Believe It's Not Butter!® Original Spread](#)
1 tsp. vanilla extract

Directions

Preheat oven to 350 degrees. Spray a 9" X 5" loaf pan with nonstick spray.

In a large bowl, combine flour, sugar, baking powder, salt, and 1/2 tsp. cinnamon. Mix well.

In another large bowl, combine bananas, egg whites, vanilla extract, and 1/2 cup I Can't Believe It's Not Butter!® Original spread. Whisk until uniform.

Add wet ingredients to the dry ingredients, and mix until uniform. Transfer batter to the loaf pan, and smooth out the surface.

Bake until a toothpick inserted into the center comes out clean, about 50 minutes.

Cut into 12 slices. Just before eating, toast each slice and top with 1 teaspoon of the remaining I Can't Believe It's Not Butter!® Original Spread and a sprinkle of the remaining 1 teaspoon cinnamon.

MAKES 12 SERVINGS

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.