



## Buttery Banana Bread Toast



Developed by Hungry Girl; brought to you by [I Can't Believe It's Not Butter!®](#)

1/12th of recipe (1 slice): 169 calories, 6.5g total fat (2g sat fat), 287mg sodium, 24g carbs, 2.5g fiber, 9.5g sugars, 3.5g protein

**Green Plan [SmartPoints®](#) value 5\***

**Blue Plan (Freestyle™) [SmartPoints®](#) value 5\***

**Prep:** 10 minutes    **Cook:** 55 minutes

Tagged: [Breakfast Recipes](#), [Recipes Developed for Our Partners](#), [Four or More Servings](#)

### Ingredients

1 1/2 cups whole-wheat flour  
1/2 cup brown sugar (not packed)  
2 tsp. baking powder  
1 1/2 tsp. cinnamon  
1/2 tsp. salt  
1 1/2 cups (about 3 large) mashed extra-ripe bananas  
1/2 cup egg whites  
3/4 cup [I Can't Believe It's Not Butter!® Original Spread](#)  
1 tsp. vanilla extract

### Directions

Preheat oven to 350 degrees. Spray a 9" X 13" loaf pan with nonstick spray.

In a large bowl, combine flour, sugar, baking powder, salt, and 1/2 tsp. cinnamon. Mix well.

In another large bowl, combine bananas, egg whites, vanilla extract, and 1/2 cup I Can't Believe It's Not Butter!® Original spread. Whisk until uniform.

Add wet ingredients to the dry ingredients, and mix until uniform. Transfer batter to the loaf pan, and smooth out the surface.

Bake until a toothpick inserted into the center comes out clean, about 50 minutes.

Cut into 12 slices. Just before eating, toast each slice and top with 1 teaspoon of the remaining I Can't Believe It's Not Butter!® Original Spread and a sprinkle of the remaining 1 teaspoon cinnamon.

**MAKES 12 SERVINGS**

[SmartPoints®](#) value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints®](#) values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The [SmartPoints®](#) values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints®](#) trademark.