



Chocolate Chip Cannoli Dip



1/8th of recipe (about 1/4 cup): 74 calories, 3.5g total fat (2.5g sat. fat), 31mg sodium, 8.5g carbs, <0.5g fiber, 5.5g sugars, 2g protein

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Prep: 5 minutes

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Ingredients

1 1/2 cups light whipped topping (thawed from frozen)
3/4 cup light/low-fat ricotta cheese
1 packet no-calorie sweetener
1 tsp. vanilla extract
1/4 tsp. cinnamon
1 1/2 tbsp. mini semi-sweet chocolate chips
Serving suggestions: graham crackers, apple slices, strawberries

Directions

In a medium bowl, combine all ingredients *except* chocolate chips. Mix until smooth and uniform.

Stir in 1 tbsp. chocolate chips. Top with remaining 1/2 tbsp. chocolate chips.

MAKES 8 SERVINGS

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