



Caramel Apple Nachos



1/2 of recipe: 171 calories, 3g total fat (1g sat fat), 99mg sodium, 37g carbs, 3.5g fiber, 25g sugars, 2g protein

Green Plan [SmartPoints](#)® value 5*

Blue Plan (Freestyle™) [SmartPoints](#)® value 5*

Purple Plan [SmartPoints](#)® value 5*

Prep: 5 minutes **Cook:** 5 minutes or less



Tagged: [Dessert Recipes](#), [Vegetarian Recipes](#), [5 Ingredients or Less](#), [30 Minutes or Less](#)

Ingredients

- 1 large (or 2 small) Fuji apple(s)
- 1/8 tsp. cinnamon
- 3 tbsp. fat-free, low-fat, or light caramel dip
- 1/4 oz. (about 1 tbsp.) chopped peanuts
- 2 tsp. sweetened shredded coconut

Directions

Core apple(s), and cut into half-moon slices about 1/4-inch thick. Lay slices on a large plate, and sprinkle with cinnamon.

In a small microwave-safe bowl, microwave caramel dip for 20 seconds, or until very warm.

Drizzle caramel over the apple slices, and top with peanuts and coconut.

MAKES 2 SERVINGS

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

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