



Lisa’s Secret Cereal Milk Latte



Entire recipe: 92 calories, 3g total fat (1.5g sat. fat), 110mg sodium, 14.5g carbs, 0.5g fiber, 8.5g sugars, 1.5g protein

Prep: 5 minutes



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Ingredients

- 2 tsp. malted milk powder
- 2 tsp. sugar-free French vanilla powdered creamer (like [the kind by Coffee mate](#))
- 1 tsp. instant vanilla coffee (like [the kind by Nescafé](#)), or alternative below
- 1/8 tsp. cinnamon
- 1/2 cup [Almond Breeze Almondmilk Blended with Real Bananas](#)
- 1 1/2 cups ice

Directions

In a tall glass, combine malted milk powder, powdered creamer, instant coffee, and cinnamon. Add 1/4 cup hot water. Stir to dissolve.

Add banana milk, 1/4 cup cold water, and ice.

MAKES 1 SERVING

HG Alternative: Can’t find instant vanilla coffee? Use unflavored instant coffee, plus sweetener to taste.

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