



## Chili Cheese Dog Nachos



1/7th of recipe (about 15 nachos): 228 calories, 5g total fat (1.5g sat fat), 674mg sodium, 32g carbs, 4.5g fiber, 2g sugars, 11g protein

**Blue Plan (Freestyle™) SmartPoints®** value 6\*

**Prep:** 10 minutes    **Cook:** 5 minutes



Tagged: [Recipes for Sides, Starters & Snacks](#), [30 Minutes or Less](#), [Four or More Servings](#)

### Ingredients

- 3 hot dogs with about 40 calories and 1g fat or less each
- 2 cups turkey or veggie chili with 3g fat or less per cup
- One 7-oz. bag baked tortilla chips
- 1/2 cup chopped white onion
- 3 slices reduced-fat cheese, cut into thin strips
- Optional toppings: light sour cream, chopped scallions

### Directions

Preheat broiler. Spray an oven-save platter or large casserole dish with nonstick spray. Chop hot dogs into small pieces.

Bring a skillet sprayed with nonstick spray to medium heat. Add chili and hot dog pieces and cook until hot, about 3 minutes.

Arrange chips on the platter or casserole dish. Top with chili mixture, onion, and cheese.

Broil until cheese has melted, about 2 minutes.

**MAKES 7 SERVINGS**

**SmartPoints®** value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints®** values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The **SmartPoints®** values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints®** trademark.