



Chocolate Chip PB&J Overnight Oats



Entire recipe: 289 calories, 8g total fat (2g sat. fat), 320mg sodium, 47g carbs, 8g fiber, 11.5g sugars, 12.5g protein

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Prep: 5 minutes
Chill: 6 hours



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Ingredients

- 1/2 cup unsweetened vanilla almond milk
- 1/2 cup old-fashioned oats
- 2 tbsp. [powdered peanut butter](#)
- 1 1/2 tsp. mini semi-sweet chocolate chips
- 1 packet natural no-calorie sweetener
- 1/4 tsp. vanilla extract
- 1/8 tsp. cinnamon
- 1 dash salt
- 1/2 cup sliced strawberries, or more for topping

Directions

In a medium bowl or jar, combine all ingredients except strawberries. Mix well. Stir in strawberries. Cover and refrigerate for at least 6 hours, until oats are soft and have absorbed most of the liquid.

MAKES 1 SERVING

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