



Chocolate Chip Pumpkin Bread



1/8th of recipe: 134 calories, 3.5g total fat (1.5g sat fat), 212mg sodium, 26.5g carbs, 3.5g fiber, 5g sugars, 5g protein

Green Plan [SmartPoints](#)® value 4*

Blue Plan (Freestyle™) [SmartPoints](#)® value 4*

Purple Plan [SmartPoints](#)® value 4*

Prep: 10 minutes **Cook:** 55 minutes



More: [Breakfast Recipes](#), [Vegetarian Recipes](#), [Four or More Servings](#)

Ingredients

2 cups old-fashioned oats
1 1/4 cups unsweetened vanilla almond milk
2/3 cup canned pure pumpkin
1/2 cup (about 4 large) egg whites or fat-free liquid egg substitute
1/4 cup Truvia spoonable no-calorie sweetener (or another natural brand about twice as sweet as sugar)
2 tsp. baking powder
1 tsp. cinnamon
1/2 tsp. vanilla extract
1/2 tsp. pumpkin pie spice
1/8 tsp. salt
1/4 cup mini semisweet chocolate chips

Directions

Preheat oven to 350°F. Spray a 9"x5" loaf pan with nonstick spray.

Place oats in a blender, and pulse to the consistency of coarse flour. Add all remaining ingredients *except* chocolate chips. Blend at high speed until smooth and uniform, stopping and stirring if needed.

Fold in chocolate chips. Transfer batter to the loaf pan, and smooth out the top. Bake until a toothpick inserted into the center comes out clean, 50 - 55 minutes.

MAKES 8 SERVINGS

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.