



Cowgirl Caviar Slaw



1/8th of recipe (about 1 cup): 118 calories, 1.5g total fat (0g sat fat), 326mg sodium, 20.5g carbs, 5g fiber, 2.5g sugars, 6g protein

Green Plan [SmartPoints](#)® value 3*

Blue Plan (Freestyle™) [SmartPoints](#)® value 0*

Purple Plan [SmartPoints](#)® value 0*

Prep: 10 minutes

Chill: 1 hour



Tagged: [Recipes for Sides, Starters & Snacks](#), [Vegetarian Recipes](#), [Four or More Servings](#)

Ingredients

1/3 cup apple cider vinegar
2 packets no-calorie sweetener (like Truvia)
2 tsp. extra-virgin olive oil
1/4 tsp. salt
1/8 tsp. black pepper
Dash chili powder
3 cups bagged coleslaw mix
One 15-oz. can black-eyed peas, drained and rinsed
One 15-oz. can black beans, drained and rinsed
3/4 cup frozen sweet corn kernels, thawed
1/2 cup chopped red bell pepper
1/2 cup chopped sweet onion

Directions

In a large bowl, combine vinegar, sweetener, oil, salt, black pepper, and chili powder. Whisk until sweetener has dissolved and mixture is uniform.

Add all remaining ingredients, and stir well.

Cover and refrigerate until chilled, at least 1 hour.

MAKES 8 SERVINGS

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

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