



Cranberry Almond Chicken Salad



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Entire recipe: 193 calories, 9.5g total fat (1g sat. fat), 472mg sodium, 10.5g carbs, 1.5g fiber, 6.5g sugars, 16.5g protein

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Prep: 5 minutes



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Ingredients

1 tbsp. light mayonnaise
1/4 tsp. garlic powder
1/8 tsp. dried dill
One 2.6-oz. pouch [StarKist Premium White Chicken](#)
2 tbsp. finely chopped cucumber
1 tbsp. sweetened dried cranberries, chopped
1/4 oz. (about 1 tbsp.) sliced almonds
Serving suggestions: lettuce cups, low-carb flour tortilla (as a wrap), toasted whole-grain bread

Directions

In a medium bowl, mix mayo, garlic powder, and dill.

Add chicken, cucumber, cranberries, and almonds. Mix thoroughly.

MAKES 1 SERVING

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