



## Cranberry Gyro Pizzas



1/2 of recipe (1 mini pizza): 129 calories, 4.5g total fat (1.5g sat. fat), 482mg sodium, 11g carbs, 3.5g fiber, 3g sugars, 13g protein

**Prep:** 10 minutes    **Cook:** 15 minutes

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### Ingredients

#### Sauce

1 1/2 tbsp. fat-free plain Greek yogurt  
1 tbsp. fat-free milk  
1 tsp. finely chopped fresh mint leaves  
1/8 tsp. lemon juice  
Dash garlic powder  
Dash each salt and black pepper

#### Pizza

One 2-oz. raw boneless lamb loin chop cutlet, trimmed of excess fat  
1 [Flatout Hungry Girl Exclusive 100% Whole Wheat with Flax FoldIt Flatbread](#)  
Dash each salt and black pepper  
2 tbsp. finely chopped spinach leaves  
2 tbsp. crumbled reduced-fat feta cheese  
1 tbsp. shredded part-skim mozzarella cheese  
2 tsp. sweetened dried cranberries, chopped

### Directions

Preheat oven to 375 degrees. Spray a baking sheet with nonstick spray.

In a small bowl, mix sauce ingredients until uniform.

Pound lamb to 1/2-inch thickness. Sprinkle with salt and pepper. Bring a skillet sprayed with nonstick spray to medium heat. Cook lamb for about 2 minutes per side, until evenly seared.

Thinly slice lamb. Cut flatbread in half to make two round crusts. Top crusts with spinach, feta, mozzarella, lamb, and chopped cranberries.

Bake until mozzarella has melted, crusts have lightly browned, and lamb is cooked through, 8 - 10 minutes.

Drizzle with sauce.

**MAKES 2 SERVINGS**

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