



Cranberry Pistachio Fro-Yo Bark



1/6 of recipe: 129 calories, 4.5g total fat (2.5g sat. fat), 55mg sodium, 15g carbs, 0.5g fiber, 11g sugars, 7g protein

Prep: 10 minutes

Freeze: 2 hours



Ingredients

1 1/2 cups fat-free plain Greek yogurt
1 cup light whipped topping (thawed from frozen)
4 packets natural no-calorie sweetener
1 tsp. vanilla extract
1 dash salt
3 tbsp. sweetened dried cranberries, chopped
3/4 oz. (about 3 tbsp.) chopped pistachios
2 tbsp. white chocolate chips, chopped

Directions

Line a baking sheet with parchment paper. (If it won't fit in your freezer, use an 8"x8" baking pan instead.)

In a large bowl, combine yogurt, whipped topping, sweetener, vanilla extract, and salt. Mix until smooth and uniform.

Spread mixture onto the baking sheet in a thin layer, about 1/4 inch thick.

Top with remaining ingredients, and lightly press to adhere.

Freeze until solid, at least 2 hours.

MAKES 6 SERVINGS

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.