



## Crazy Calypso Salad



1/5th of recipe (about 2 cups): 174 calories, 5g total fat (0.5g sat fat), 429mg sodium, 21.5g carbs, 4g fiber, 13.5g sugars, 12g protein

**Green Plan [SmartPoints](#)® value 4\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 3\***

**Purple Plan [SmartPoints](#)® value 3\***

**Prep:** 5 minutes



### Ingredients

#### Salad

8 cups fresh spinach leaves  
8 oz. cooked shrimp  
2 cups (about 2 medium) chopped mango  
1 cup (about 1 small) cubed avocado

#### Dressing

1/3 cup seasoned rice vinegar  
2 tbsp. lime juice  
1 packet no-calorie sweetener (like Truvia)  
1/8 tsp. cayenne pepper

### Directions

In a large bowl, combine all salad ingredients.

In a small bowl, mix dressing ingredients. Pour over salad and toss to coat, or serve dressing on the side.

**MAKES 5 SERVINGS**

**[SmartPoints](#)® value\*** not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **[SmartPoints](#)® values\*** of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The **[SmartPoints](#)®** values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **[SmartPoints](#)®** trademark.