



Crazy Calypso Salad



1/5th of recipe (about 2 cups): 174 calories, 5g total fat (0.5g sat. fat), 429mg sodium, 21.5g carbs, 4g fiber, 13.5g sugars, 12g protein

[Click for WW Points® value*](#)

Prep: 5 minutes



Ingredients

- Salad
8 cups fresh spinach leaves
8 oz. cooked shrimp
2 cups (about 2 medium) chopped mango
1 cup (about 1 small) cubed avocado

- Dressing
1/3 cup seasoned rice vinegar
2 tbsp. lime juice
1 packet no-calorie sweetener (like Truvia)
1/8 tsp. cayenne pepper

Directions

In a large bowl, combine all salad ingredients.

In a small bowl, mix dressing ingredients. Pour over salad and toss to coat, or serve dressing on the side.

MAKES 5 SERVINGS

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.