Creamy Elote & Chicken Wonton Cups



1/6 of recipe (2 wonton cups): 146 calories, 4g total fat (1.5g sat. fat), 324mg sodium, 14g carbs, 0.5g fiber, 1.5g sugars, 11g protein

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Prep: 10 minutes **Cook:** 15 minutes

Cool: 10 minutes

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Ingredients

12 wonton wrappers
1/4 cup crumbled feta cheese
2 tbsp. chopped fresh cilantro, or more for topping
2 tbsp. light mayonnaise
2 tbsp. whipped cream cheese
1 tsp. taco seasoning
1/2 tsp. lime juice
1/4 tsp. salt
1 cup frozen sweet corn kernels
6 oz. cooked and chopped skinless chicken breast

Directions

Preheat oven to 350°F. Spray a 12-cup muffin pan with nonstick spray.

Place each wonton wrapper into a cup of the muffin pan, and press it into the bottom and sides. Lightly spray with nonstick spray. Bake until lightly browned, about 8 minutes.

Let cool completely, about 10 minutes.

Meanwhile, in a medium bowl, combine feta, cilantro, mayo, cream cheese, taco seasoning, lime juice, and salt. Stir until uniform.

Bring a skillet sprayed with nonstick spray to medium-high heat. Add corn, and cook and stir until lightly blackened, 4–5 minutes. Add chicken. Cook and stir until hot, about 1 minute.

Remove skillet from heat. Add cheese mixture, and stir until thoroughly mixed and cream cheese has melted.

Just before serving, distribute corn-chicken mixture among the wonton cups.

MAKES 6 SERVINGS

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