



## Creamy Salsa Verde Chicken



Entire recipe: 284 calories, 10g total fat (5g sat. fat), 595mg sodium, 16.5g carbs, 4.5g fiber, 7g sugars, 31g protein

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**Prep:** 5 minutes    **Cook:** 5 minutes



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### Ingredients

- 1 1/2 cups frozen riced cauliflower
- 3 oz. cooked and chopped skinless chicken breast
- 3 tbsp. whipped cream cheese
- 2 tbsp. salsa verde (tomatillo salsa)
- 1 tbsp. chopped fresh cilantro, or more for topping
- 1 tsp. taco seasoning

### Directions

Place cauliflower in a medium microwave-safe bowl. Microwave for 2 minutes, or until hot.

Drain excess liquid. Add remaining ingredients, and mix well. Microwave for 1 1/2 minutes, or until hot.

MAKES 1 SERVING

**HG FYI:** Not all taco seasonings are gluten free, so read labels carefully if that's a concern.

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