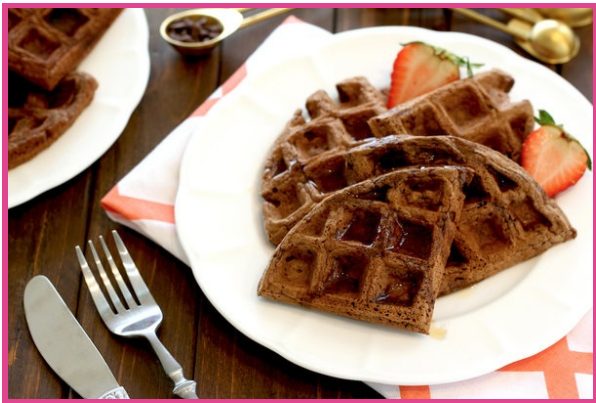




Double Chocolate Brownie Waffles



1/2 of recipe (1 waffle): 217 calories, 4g total fat (2g sat. fat), 415mg sodium, 39.5 carbs, 2g fiber, 23g sugars, 6.5g protein

[Click for WW Points® value*](#)

Prep: 5 minutes **Cook:** 5 minutes

More: [Breakfast Recipes](#), [30 Minutes or Less](#)



Ingredients

- 1/2 cup moist-style devil's food cake mix
- 1/3 cup (about 3 large) egg whites or fat-free liquid egg substitute
- 1/3 cup unsweetened applesauce
- 2 tsp. mini semi-sweet chocolate chips
- Optional toppings: light pancake syrup, light whipped topping

Directions

In a medium bowl, combine all ingredients *except* chocolate chips. Whisk with a fork until uniform. Stir in chocolate chips.

Spray a standard waffle maker with nonstick spray, and set heat to medium.

Once hot, pour half of the batter into the center of the waffle maker. Close and cook for 2 minutes, or until cooked through.

Repeat to make a 2nd waffle.

MAKES 2 SERVINGS

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.