



Skinny Elvis Dessert Dip



[Click here](#) to see Lisa make it on Facebook, and [click here](#) for YouTube!

1/8th of recipe (about 1/4 cup): 70 calories, 2.5g total fat (1.5g sat fat), 60mg sodium, 9g carbs, 0.5g fiber, 5g sugars, 3g protein

Green Plan [SmartPoints](#)® value 2*

Blue Plan (Freestyle™) [SmartPoints](#)® value 2*

Purple Plan [SmartPoints](#)® value 2*

Prep: 5 minutes



More: [Dessert Recipes](#), [Vegetarian Recipes](#), [30 Minutes or Less](#), [Four or More Servings](#)

Ingredients

3 tbsp. light/reduced-fat cream cheese
1 cup light whipped topping (thawed from frozen)
1/2 cup fat-free plain Greek yogurt
1/2 cup (about 1 medium) mashed extra-ripe banana
2 packets no-calorie sweetener (like Truvia)
1 tsp. vanilla extract
Dash salt
3 tbsp. [powdered peanut butter](#)
Optional topping: cinnamon
Serving suggestions: pretzels, graham crackers, apple slices

Directions

In a medium bowl, stir cream cheese until smooth. Add whipped topping, yogurt, banana, 1 1/2 sweetener packets, vanilla extract, and salt. Mix until smooth and uniform.

In a small bowl, combine powdered peanut butter, remaining 1/2 sweetener packet, and 2 tbsp. water. Mix until smooth and uniform.

Spoon peanut butter mixture over the banana mixture in dollops, and swirl it in with a knife.

MAKES 8 SERVINGS

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[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.