



## Fast & Fancy Grilled Cheese



Entire recipe: 244 calories, 11g total fat (5g sat fat), 666mg sodium, 21g carbs, 5g fiber, 4g sugars, 13.5 protein

**Green Plan [SmartPoints](#)® value 8\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 8\***

**Purple Plan [SmartPoints](#)® value 8\***

**Prep:** 5 minutes    **Cook:** 5 minutes



Tagged: [Lunch & Dinner Recipes](#), [Vegetarian Recipes](#), [Single Serving](#), [5 Ingredients or Less](#), [30 Minutes or Less](#)

### Ingredients

- 1 wedge The Laughing Cow Light Creamy Swiss cheese
- 2 slices light bread
- 1 piece (about 1 oz.) jarred roasted red pepper (packed in water), patted dry, roughly chopped
- 1 slice reduced-fat cheddar cheese
- 1 tbsp. light butter, room temperature
- 2 dashes garlic powder

### Directions

Spread cheese wedge onto 1 slice of bread. Top with roasted pepper, cheddar, and remaining slice of bread.

Spread the top of the sandwich with 1/2 tbsp. butter. Sprinkle with a dash of garlic powder.

Bring a grill pan (or skillet) sprayed with nonstick spray to medium-high heat. Add sandwich, buttered side down. Spread with remaining 1/2 tbsp. butter, and sprinkle with remaining dash of garlic powder.

Cook until bread is golden brown and cheese has melted, 1 - 2 minutes per side, flipping carefully.

MAKES 1 SERVING

**HG FYI:** A previous version of this recipe may have called for slightly different ingredients, but we've given it an upgrade! Nutritional info may vary accordingly.

[SmartPoints](#)® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.