



Freezy-Cool Banana Whoopie Pies



1/4th of recipe (1 whoopie pie): 150 calories, 2g total fat (1g sat fat), 155mg sodium, 34g carbs, 9g fiber, 18.5g sugars, 4g protein

Freestyle™ [SmartPoints®](#) value 5*

[SmartPoints®](#) value 5*

Prep: 5 minutes

Freeze: 1 hour



Tagged: [Dessert Recipes](#), [Vegetarian Recipes](#), [5 Ingredients or Less](#), [Four or More Servings](#)

Ingredients

4 Vitalicious Deep Chocolate VitaTops (partially thawed)
3/4 cup Cool Whip Free (thawed)
1 medium banana, thinly sliced

Directions

Carefully slice one VitaTop in half lengthwise (like you would a hamburger bun), so that you are left with 2 thin round "slices." Place 1/4th of the Cool Whip on the bottom Vita slice; then top with 1/4th of the banana slices, followed by the top Vita slice.

Repeat with remaining ingredients for a total of 4 whoopie pies. Place on a large plate and freeze until solid, about 1 hour. So good!

MAKES 4 SERVINGS

[SmartPoints®](#) value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints®](#) values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints®](#) values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints®](#) trademark.