



## Freezy Downside-Up PB Dream Pie



1 slice (1/8th of recipe): 159 calories, 6.5g total fat (1g sat fat), 235mg sodium, 18g carbs, 1g fiber, 8.5g sugars, 7g protein

Freestyle™ [SmartPoints®](#) value 5\*

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**Prep:** 15 minutes

**Freeze:** 2 hours



Tagged: [Dessert Recipes](#), [Vegetarian Recipes](#), [Four or More Servings](#)

### Ingredients

1/2 cup reduced-fat creamy peanut butter, room temperature  
Half an 8-oz. tub fat-free cream cheese, room temperature  
1/4 cup powdered sugar  
1/2 cup light vanilla soymilk  
1 cup Cool Whip Free (thawed)  
2 sheets (8 crackers) low-fat honey graham crackers, crushed  
Optional topping: Fat Free Reddi-wip

### Directions

In a large bowl, combine peanut butter with cream cheese. With an electric mixer set to medium speed, beat until smooth and uniform.

Set mixer to low speed. Continue to beat while gradually adding powdered sugar, followed by soymilk.

Fold in Cool Whip. Transfer filling to a pie pan. Top with crushed graham crackers. Cover and freeze until firm, at least 2 hours.

Slice and enjoy!

MAKES 8 SERVINGS

[SmartPoints®](#) value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints®](#) values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The [SmartPoints®](#) values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints®](#) trademark.