



Frozen Watermelon Refresher



Entire recipe (about 10 oz.): 135 calories, <0.5g total fat (0g sat. fat), 1mg sodium, 9.5g carbs, 0.5g fiber, 7g sugars, 0.5g protein

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Prep: 5 minutes



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Ingredients

3/4 cup frozen cubed watermelon
1 1/2 oz. vodka
1 tbsp. lime juice
1 no-calorie sweetener packet
1/2 cup crushed ice (about 4 cubes)
Optional garnish: cucumber and lime slices, fresh mint

Directions

Add all ingredients to [a small blender](#), along with 1/4 cup water.

Blend until slushy, adding more ice or water as needed.

MAKES 1 SERVING

HG Tip: For some fancy flair, line the rim with lime juice and coat it with a mix of sweetener and lime zest.

HG Alternative: Don't have a small blender? Multiply the recipe to make several servings!

See the recipe in action... [Watch how it's made!](#)

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