



## German Cauliflower Potato Salad



1/8th of recipe (about 3/4 cup): 83 calories, 0.5g total fat (0.5g sat. fat), 406mg sodium, 15.5g carbs, 3g fiber, 6.5g sugars, 3.5g protein

**Prep:** 15 minutes   **Cook:** 15 minutes



More: [Recipes for Sides, Starters & Snacks](#), [30 Minutes or Less](#), [Four or More Servings](#)

### Ingredients

5 cups roughly chopped cauliflower (about 1 head)  
 10 oz. (about 4) baby red potatoes, cut into bite-sized pieces  
 3 cups bagged coleslaw mix  
 1 cup chopped onion  
 1/4 cup seasoned rice vinegar  
 3 tbsp. precooked real crumbled bacon (like the kind by Oscar Mayer)  
 2 tbsp. mild Dijon mustard  
 1 1/2 tsp. granulated sugar  
 1/8 tsp. salt  
 Dash black pepper  
 1/4 cup chopped scallions

### Directions

Place cauliflower and potatoes in a large microwave-safe bowl with 1/3 cup water. Cover and microwave for 6 minutes. Stir, re-cover, and microwave for 6 minutes, or until tender. Once cool enough to handle, drain excess water.

Meanwhile, bring a large skillet sprayed with nonstick spray to medium-high heat. Add coleslaw mix and onion. Cook and stir until slightly browned and softened, about 8 minutes.

Add skillet contents to the drained cauliflower/potatoes in the large bowl.

To make the dressing, combine all remaining ingredients *except* scallions in a microwave-safe bowl. Add 2 tbsp. water and stir. Microwave for 1 minute, or until warm. Mix thoroughly.

Add dressing to the large bowl, and toss to coat. Stir in scallions.

**MAKES 8 SERVINGS**

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

\*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.