



Holy Moly Cannoli Cones



1/6th of recipe (1 cannoli cone): 134 calories, 1.75g total fat (1g sat fat), 184mg sodium, 21g carbs, 0g fiber, 10.5g sugars, 6g protein

Green Plan [SmartPoints](#)® value 5*

Blue Plan ([Freestyle](#)™) [SmartPoints](#)® value 5*

Prep: 15 minutes

Chill: 15 minutes



Tagged: [Dessert Recipes](#), [Vegetarian Recipes](#), [30 Minutes or Less](#), [Four or More Servings](#)

Ingredients

1 tbsp. Jell-O Sugar Free Fat Free Vanilla Instant pudding mix
1 cup plus 2 tbsp. fat-free ricotta cheese
2/3 cup Cool Whip Free (thawed)
2 1/2 tbsp. Splenda No Calorie Sweetener (granulated), or an *HG Natural Alternative* below
1 tbsp. powdered sugar
2 tbsp. mini semi-sweet chocolate chips
6 sugar cones

Directions

In a medium-large bowl, mix pudding mix with 2 tbsp. water until slightly thickened. Add ricotta cheese, Cool Whip, Splenda, and sugar. Mix until smooth with an electric mixer set to high speed.

Stir in 1 tbsp. chocolate chips. Cover and refrigerate until chilled, about 15 minutes.

Transfer mixture to a large plastic bag and squeeze it down toward a bottom corner. Snip off that corner with scissors, creating a hole for piping mixture.

Evenly pipe mixture into the cones. Top with remaining 1 tbsp. chocolate chips. Eat and enjoy!

MAKES 6 SERVINGS

HG Natural Alternative: If you prefer a natural no-calorie sweetener, use [spoonable calorie-free Truvia](#) in place of the Splenda. But since Truvia is about twice as sweet, halve the amount called for in the Ingredients list.

Another HG Natural Alternative: Swap out the Splenda for the same amount of granulated white sugar, and each serving will have 152 calories, 26g carbs, and 16g sugars.

***SmartPoints*® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)**

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.