



## Hot Honey Pizza-bellas



Entire recipe: 210 calories, 7g total fat (3g sat. fat), 610mg sodium, 26g carbs, 5g fiber, 13g sugars, 15.5g protein

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**Prep:** 10 minutes    **Cook:** 20 minutes



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### Ingredients

2 large portabella mushroom caps (stems removed)  
1/8 tsp. garlic powder  
1/8 tsp. onion powder  
1/4 cup pizza sauce  
3 tbsp. shredded part-skim mozzarella cheese  
1/3 oz. (about 6 pieces) turkey pepperoni, roughly chopped  
1 tsp. hot honey (like [Mike's Hot Honey](#))

### Directions

Preheat oven to 400°F. Lay a large piece of heavy-duty foil on a baking sheet, and spray with nonstick spray.

Place mushroom caps on the center of the foil, rounded sides down. Top with another large piece of foil. Fold together and seal all four edges of the two foil pieces, forming a well-sealed packet. Bake for 14 minutes, or until slightly tender.

Cut packet to release steam. Remove foil, and carefully drain excess liquid from the baking sheet. Thoroughly blot away excess moisture from mushroom caps.

Season mushrooms with garlic powder and onion powder. Evenly top with sauce, cheese, and pepperoni. Bake until cheese has melted, about 5 minutes.

Drizzle with hot honey.

#### MAKES 1 SERVING

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