



## Iced Cereal Milk Latte



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Entire recipe: 89 calories, 4g total fat (2.5g sat fat), 158mg sodium, 10.5g carbs, 0.5g fiber, 6.5g sugars, 0.5g protein

**Green Plan [SmartPoints](#)® value 3\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 3\***

**Purple Plan [SmartPoints](#)® value 3\***

**Prep:** 20 minutes



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## Ingredients

1/2 cup Cinnamon Toast Crunch cereal (or your favorite sweet cereal you have)  
1/2 cup unsweetened vanilla almond milk  
1 tbsp. sugar-free French vanilla powdered creamer  
1 heaping tsp. instant coffee granules  
1 packet no-calorie sweetener

## Directions

Place cereal and almond milk in a glass measuring cup. Let cereal soak for 10 - 15 minutes.

In a tall glass, combine creamer, coffee, and sweetener. Add 1/4 cup hot water, and stir to dissolve. Add 1/4 cup cold water, and stir until uniform.

Discard cereal, and add cereal milk to the tall glass. Fill with ice.

**MAKES 1 SERVING**

Nutritional information for this recipe has been estimated, factoring in 40% of the calories, sodium, and sugar from the cereal.

**SmartPoints**® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.