



Kickin' Key Lime Strawberries



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1/2 of recipe (5 strawberries): 103 calories, 4g total fat (2.5g sat. fat), 88mg sodium, 14g carbs, 2g fiber, 8g sugars, 3.5g protein

Prep: 15 minutes

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Ingredients

10 large strawberries
3 tbsp. light whipped topping (like [Skinny Truwhip](#) or [So Delicious Dairy Free Cocowhip Light](#))
2 tbsp. fat-free plain Greek yogurt
2 tbsp. light/reduced-fat cream cheese, room temperature
1 packet no-calorie sweetener (like Truvia)
1 1/2 tsp. lime juice (key lime, if available)
1/2 tsp. lime zest
1/4 tsp. vanilla extract
1 graham cracker (1/4 sheet), finely crushed

Directions

Slice the stem ends off the strawberries, about 1/2 inch below the stem, revealing an opening in each berry. Use a narrow spoon to remove about half of the flesh inside each berry, allowing room for filling.

In a small bowl, combine all remaining ingredients *except* graham cracker.

Spoon yogurt mixture into a bottom corner of a plastic bag; snip off the tip of that corner to create a small hole, and squeeze the mixture into the strawberries.

Sprinkle with crushed graham cracker.

MAKES 2 SERVINGS

HG Tips: Cut a thin slice off the bottom of each strawberry, so the berries sit flat. Use a grapefruit spoon ([like this one](#)) to scoop out the flesh of the berries.

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