





Lisa's Pineapple Crushie Summer Slushies



No, ice and water don't count as ingredients...

1/2 of recipe (about 8 oz.): 100 calories, 0g total fat (0g sat. fat), 1mg sodium, 0g carbs, 0g fiber, 0g sugars, 0g protein

Prep: 5 minutes



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Ingredients

1 packet <u>Crush Pineapple Singles to Go!</u>
3 oz. (2 shots) vodka
2 1/2 - 3 cups crushed ice (about 20 - 24 cubes)

Directions

Combine ingredients with 1/2 cup water in a small blender.

Blend until slushy, adding more ice (or a small amount of water) as needed!

MAKES 2 SERVINGS

HG Tip: Try it with <u>the other Crush flavors</u> too. Berry Punch, Strawberry, Grape... You can experiment all summer long!

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