



## Mango Matcha-ccino Freeze



Entire recipe: 114 calories, 3g total fat (1g sat fat), 111mg sodium, 19.5g carbs, 2g fiber, 14g sugars, 1g protein

**Green Plan [SmartPoints](#)® value 5\***

**Blue Plan (Freestyle™) [SmartPoints](#)® value 5\***

**Purple Plan [SmartPoints](#)® value 5\***

**Prep:** 5 minutes



Tagged: [Drink Recipes \(Smoothies, Cocktails & More\)](#), [Vegetarian Recipes](#), [Single Serving](#), [30 Minutes or Less](#)

## Ingredients

2 tsp. sugar-free French vanilla powdered creamer  
1 tsp. or 1 packet [matcha green tea powder](#)  
1 packet no-calorie sweetener  
1/2 packet (about 1/2 tsp.) sugar-free powdered drink mix ([any fruit flavor!](#))  
1/2 cup unsweetened vanilla almond milk  
3/4 cup frozen mango chunks  
1 cup crushed ice (about 8 ice cubes)  
Optional topping: whipped topping

## Directions

In a tall glass, combine creamer, matcha powder, sweetener, and drink mix. Add 1/4 cup very hot water, and stir to dissolve.

Add 1/4 cup cold water, and transfer to a blender. Add milk, mango, and ice. Blend on high speed until smooth, stopping and stirring if needed.

MAKES 1 SERVING

**HG Tip:** Looking for natural vanilla powdered creamer? Grab a bag of [Laird Superfood Creamer!](#)

[SmartPoints](#)® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.