



Margherita Chicken with Butternut Squash Spirals



Developed by Hungry Girl. Brought to you by [Green Giant](#)!

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1/2 of recipe (about 2 cups): 349 calories, 9.5g total fat (2g sat fat), 709mg sodium, 31g carbs, 3g fiber, 8g sugars, 33.5g protein

Green Plan [SmartPoints](#)® value 6*

Blue Plan (Freestyle™) [SmartPoints](#)® value 4*

Purple Plan [SmartPoints](#)® value 4*

Prep: 5 minutes **Cook:** 10 minutes

Tagged: [Lunch & Dinner Recipes](#), [Recipes Developed for Our Partners](#), [5 Ingredients or Less](#), [30 Minutes or Less](#)

Ingredients

1 package [Green Giant® Veggie Spirals Butternut Squash](#)
1 cup [Victoria Tomato Basil Sauce](#)
6 oz. cooked and sliced skinless chicken breast
1/4 cup shredded part-skim mozzarella cheese
2 tbs. chopped fresh basil

Seasonings:

1/2 tsp. garlic powder (like [the kind by Spice Islands](#))
1/8 tsp. salt

Directions

Microwave Veggie Spirals for 3 minutes, or until mostly thawed and softened. Drain in a strainer, and thoroughly blot dry.

Transfer Veggie Spirals to a large microwave-safe bowl, and season with garlic powder and salt. Add sauce, and mix well.

Top with chicken and cheese. Cover and microwave for 3 minutes, or until entire dish is hot and cheese has melted.

Serve topped with basil.

MAKES 2 SERVINGS

[SmartPoints](#)® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the [SmartPoints](#)® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The [SmartPoints](#)® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the [SmartPoints](#)® trademark.